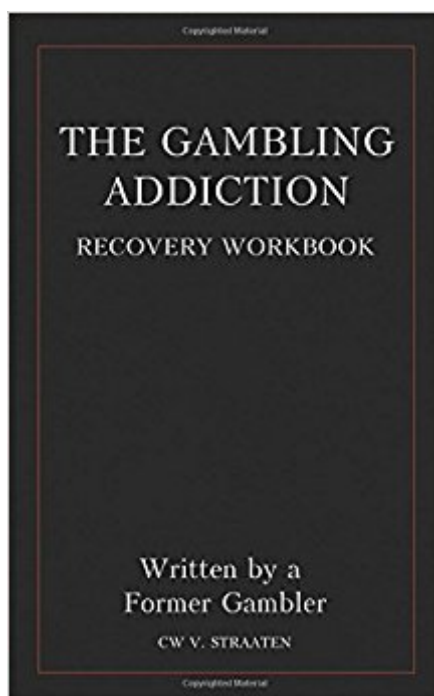


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# The Gambling Addiction Recovery Workbook: Written By A Former Gambler



## Synopsis

The Gambling Addiction Workbook has helped many understand and overcome their gambling addiction. In this unique self-help book for recovery, you will find uplifting answers and honest words of peace. The author C.W.V Straaten struggled himself with the hypnotic demons of addiction until he finally discovered how to free himself of his addictive behavior. In The Gambling Addiction Workbook, he shares his 5-step plan to recovery. Among the worst afflicted, C.W.V Straaten knows how it is to deal with the destructions of addictions. In his book, he will encourage you to fight, understand and eventually make peace with your demons. A gambling addiction, no matter how destructive, won't win the final battle. The pages in this book will help to ensure this. Another life without the pain of continuous lies, devastating financial worries and an occupation with gambling, is awaiting you. The recovery process in The Gambling Addiction Workbook will guide you to conquer your addiction for good. The Gambling Addiction Workbook, contains a reliable 5-step plan to recovery, focusing on: How to instantly quit gambling and finding peace in a cooling-off period How to understand your gambling addiction through practical tools you won't find anywhere else. How to deal with the suffering from the destructions caused by your gambling addiction How to find your passion and create a meaningful life without gambling Family & Friends If you are close to someone with a gambling addiction we highly recommend reading this book. It will give you insight into the complex mind of a gambling addict. Furthermore, you will realize that change is absolutely possible. With this book, you can help your friends or loved ones take the right steps to defeat and conquer their gambling addiction for good. Tags: gambling addiction, problem gambling, gambling addiction client workbook, addictions, gamblers anonymous, gambling, addiction recovery, gambling recovery, gambling problem, gambling addiction books

## Book Information

Paperback: 56 pages

Publisher: Independently published (November 4, 2016)

Language: English

ISBN-10: 1520767838

ISBN-13: 978-1520767833

Product Dimensions: 5 x 0.1 x 8 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 5 customer reviews

Best Sellers Rank: #338,695 in Books (See Top 100 in Books) #17 in Books > Health, Fitness &

Dieting > Addiction & Recovery > Gambling #228 in Books > Humor & Entertainment > Puzzles & Games > Gambling #27545 in Books > Self-Help

## Customer Reviews

Impressive and helpful book! Most people are into a game of luck through betting but getting yourself too involved that it can ruin one's life is not nice anymore. This book gets you to know if gambling is just a mere pastime or an addiction already. Has sound advice on how to overcome addiction and get your life's direction be back on track. Really worth recommending book!

Impressive! I am no gambler to start with. I have found the book on free promotion and thought why not quickly have it a go. To my surprise, the book introduces really good concepts coupled with actual stories. I think it's an excellent value for money. Really worth recommending!

A useful book to have on a great topic to spread information about. Addictions can be truly hard to overcome for both the person involved and those around which makes this book that much more important. This book comes from a real-life experience of the author with tried and tested methods. A 5 step action plan using helpful and simple steps like turning your bank account over to someone you trust or sharing your struggles; it will unburden you. It covers all aspects like if you are the friends or family of the person affected. You are taking the 1st step in buying and reading this book so well done. One improvement is the formatting of the book; seems slightly off in the spacing.

This book got right to the point with the facts a true gambling addict goes through because the author was one at one time. I can't stand it when some "Dr." is there to help out. Just because they have the college degree doesn't mean they know & have felt how the true addict feels themselves.

Very Informative

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Sports, Poker) Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) The Gambling Addiction Recovery Workbook: Written by a Former Gambler Master Book On Addiction: How To Overcome Drug Addiction-Alcohol Addiction-Smoking Addiction-Gambling Addiction-Internet Addiction-Overeating Breaking Bad Habits: 11 Steps to Freedom (addiction, food addiction, sugar addiction, gambling addiction, addiction recovery, habits, breaking bad habits) Addiction and Recovery: How to Overcome Alcohol, Gambling, Drug, Sex, Food, and Technology Addictions (Addiction, Substance Abuse, Addiction and Recovery, Alcohol Addiction) The Ultimate Gambling Addiction Help Guide: How to Overcome a Gambling Addiction and Problem Gambling Once and for All Gambling Addiction Cure: How to Overcome Gambling Addiction and Stop Compulsive Gambling for Life Gambling:Just Stop Pressing The Button: The Truth Behind our Gambling Addiction - What Most People Do Not Understand And How You Stop Gambling Away Your Life The Nicotine Addiction Cure - How to Avoid Triggers, Manage Withdrawal Symptoms, and Quit Nicotine & Smoking for Life (tobacco addiction, nicotine addiction, ... recovery, smoking addiction, stop smoking,) Porn Addiction: How to Quit Porn, Porn Addiction, Step-by-Step Easy Guide to Control Your Porn Addiction, Stop Watching Porn in 7 Days! (Porn Addiction, Improve Your Relations, Live Happier Life) GAMBLING ADDICTION: Overcome Gambling Compulsion Today! Gambling Addiction: One Last Game!: How To Stop Gambling And Finally Get Your Life Back Sex Addiction 101: The Workbook, 24 Proven Exercises to Guide Sex Addiction Recovery All Bets Are Off: Losers, Liars, and Recovery from Gambling Addiction 7 Tools to Beat Addiction: A New Path to Recovery from Addictions of Any Kind: Smoking, Alcohol, Food, Drugs, Gambling, Sex, Love Opiate Addiction - How to detox from Opiates (How to Get Off Opiates): SHORT READS - Signs of opiate addiction, Symptoms of opiate use, Signs of opiate ... prescription drugs abuse, heroin addiction)

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